

## Become a Personal Trainer - Certificate 3 & 4

On behalf of the **Australian Institute of Personal Trainers McAllister's Fitness** in Blackburn is now the Melbourne campus. Our next Fast Track course starts on February 19<sup>th</sup> 2010 and enrolments close by 4pm Friday 12<sup>th</sup> February 2010. Hurry to enrol, as places are limited!

**You can contact Danny McAllister on 0412 921 117 for more information.**

### **The AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS:**

The AIPT are an industry leader who specialises in delivering the highest quality of Personal Training Education for new students and existing PT's in Australia and overseas. AIPT have a proven track record of consistently producing exceptional graduates who now work in some of the LARGEST fitness centres across Australia, please read the below information and call Angela to answer any questions regarding the career.

#### **\*\*\* IMPORTANT NOTICE:**

AIPT are currently accepting student applications to study with the Australian Institute of Personal Trainers. To assist students **early applications** that are assessed and accepted may be eligible to receive **12 months Personal Training Insurance free of charge** (\$15 Million of cover) **AND 12 months Professional Membership** to the Australian Institute where you will receive discounts on fitness products, VIP tickets to PT and Fitness events, Magazines and much more \*\*\*

(\* Offer is only available for a strictly limited time and subject to AIPT approval and acceptance of student application form)

### **(Q) WHAT DOES THE AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS STAND FOR?**

(A) The Australian Institute of Personal Trainers is an organisation dedicated to raising the profile, and improving the standards of personal training in Australia. The Australian Institute of Personal Trainers includes a national network of experienced and professional personal trainers committed to sharing their knowledge with you...our students.

\*\*\* The Australian Institute of Personal Trainers specialises in - PERSONAL TRAINING! \*\*\*

### **(Q) WHAT WILL I GRADUATE WITH BY STUDYING THROUGH THE AUSTRALIAN INSTITUTE?**

(A) The Australian Institute of Personal Trainers is proud to offer and recommend our expert Personal Trainer "Master Trainer" Qualification. At graduation you will receive a nationally accredited double qualification in Certificate III in Fitness and Certificate IV in Fitness (Personal Trainer). We always aim to over deliver on expectations of our students and as such we offer two additional competencies to accepted students in 1) Training Older Adults and 2) Training Younger Children at NO EXTRA COST - That's the AIPT way to put students needs first!

The success of the course comes from combining the experience of hundreds of personal trainers with world class educational materials, all supported with excellent course administration and student support programs.

We have a team of Student Advisors that will provide you with assistance and support during your studies. Our team of Personal Training Mentors are also on hand to help you gain awesome hands on practical experience.

### **(Q) HOW DOES THE AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS ENSURE THEIR GRADUATES ARE THE LEADING AND MOST SOUGHT AFTER PT'S IN AUSTRALIA?**

(A) The Australian Institute of Personal Trainers is proud of its excellent reputation and the ability to consistently produce Australia's most outstanding Master Trainers. It achieves this extremely high

standard of trainer by delivering an exceptional quality course and support for ALL students. The Australian Institute prides itself on many things:

- We hand select our students by an application form process to ensure each student accepted has the right motivation to make a difference to others and excel as a Personal Trainer if accepted into the Institute to study
- We provide our students National and International excellence in student learning materials as AIPT is a Registered Training Organisation (RTO)
- Combining study at your own time and pace with your very own Personal Trainer mentor/coach for the best hands on experience you will ever receive!
- Leading the country with the most premium level of student support via our Personal Trainer Hotline, where you talk to experts at your convenience as often as you choose
- Provide students a “Master Trainer Double Qualification” where students are up skilled with additional competencies such as Training Older Adults and Younger Children along with a Certificate III and IV in Fitness.
- We deliver the ongoing National and State based education and training to ALL current graduated Personal Trainers in Australia, ensuring that once you are qualified the support never ends. Personal Trainers from all around the country attend the National Personal Training Convention, World Personal Trainer Day and many more industry events all organised and conducted by.... you guessed it "US" - the Australian Institute of Personal Trainers.
- We have one of Australia's highest percentages of students placed in employment at around 96%. Many of these students received offers even before graduating...

---

### **(Q) WHAT ARE MY COURSE STUDY OPTIONS?**

(A) After many years of research and course development we are achieving our goal to improve the standard of personal trainers in Australia. We have designed and mastered two study options to best suit EVERY persons lifestyle as we understand that people need flexibility and a course that fits in with your needs.

#### **OPTION1: Flexible Mentoring Program**

Our flexible program allows you to start your education immediately and complete your theory assignment in your own time, at you own pace and in the comfort of your own environment ANYWHERE in Australia or Internationally. As you are completing your assignments you will be applying what you are learning with your very own personal trainer mentor/coach that we find for you. This method of learning has been proven over and over again to produce not just the most highly educated personal trainers in the country but more importantly - INDUSTRY AND JOB READY PT's when you graduate. You can apply today and if accepted you can start your studies and new career this week!

#### **OPTION 2: Face to Face Fast Track Program**

The Australian Institute of Personal Trainers has many campuses across the country available to help students understand the course with a structured face to face coaching program. Our popular Fast Track program enables students not to have to leave their current job and lose income or take holidays, as the face to face component is outside of working hours and combined with flexible learning. This option includes a Special One Day introductory workshop followed by 10 Weekly Tutorial sessions with a Personal Training Mentor.