

## Become a Personal Trainer - Certificate 3 & 4

On behalf of the **Australian Institute of Personal Trainers McAllister's Fitness** in Blackburn is the East Melbourne campus. Our next Fast Track course commences Friday 17<sup>th</sup> January 2012.

### **The AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS:**

The AIPT are an industry leader who specialises in delivering the highest quality of Personal Training Education for new students and existing PT's in Australia and overseas. AIPT have a proven track record of consistently producing exceptional graduates who now work in some of the LARGEST fitness centres across Australia, please read the below information and call Danny to answer any questions regarding the career.

### **WHAT DOES THE AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS STAND FOR?**

The Australian Institute of Personal Trainers is an organisation dedicated to raising the profile and improving the standards of personal training in Australia. The Australian Institute of Personal Trainers includes a national network of experienced and professional personal trainers committed to sharing their knowledge with you... our students. The Australian Institute of Personal Trainers specialises in one thing - Personal Training.

### **WHAT WILL I GRADUATE WITH BY STUDYING THROUGH THE AUSTRALIAN INSTITUTE?**

The Australian Institute of Personal Trainers is proud to offer and recommend our expert Personal Trainer "Master Trainer" Qualification. At graduation you will receive a nationally recognised double qualification in Certificate III in Fitness and Certificate IV in Fitness (Personal Trainer).

We always aim to over deliver on expectations of our students and as such we offer two additional competencies to accepted students in 1) Training Older Adults and 2) Training Younger Children at no extra cost giving you maximum flexibility.

The success of the course comes from combining the experience of hundreds of personal trainers with world class educational materials all supported with excellent course administration and student support programs.

Our Education Team will provide you with assistance and support during your studies. Our team of Personal Training Mentors are also on hand to help you gain awesome hands on practical experience.

### **HOW DOES THE AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS ENSURE THEIR GRADUATES ARE THE LEADING AND MOST SOUGHT AFTER PT'S IN AUSTRALIA?**

(A) The Australian Institute of Personal Trainers is proud of its excellent reputation and the ability to consistently produce Australia's most outstanding Trainers. It achieves this extremely high standard of trainers by delivering an exceptional quality course and support for ALL students. The Australian Institute prides itself on many things:

- We provide our students National and International excellence in student learning materials as AIPT is a Registered Training Organisation (RTO)
- Combining study at your own time and pace with your very own Personal Trainer mentor/coach for the best hands on experience you will ever receive!
- Provide students a "Double Qualification" where students are up skilled with additional competencies such as Training Older Adults and Younger Children along with a Certificate III and IV in Fitness.
- We have one of Australia's highest percentages of students placed in employment at around 96%. Many of these students received offers even before graduating...

## **WHAT ARE MY COURSE STUDY OPTIONS?**

After many years of research and course development we are achieving our goal to improve the standard of personal trainers in Australia. We have designed and mastered two study options to best suit every person's lifestyle as we understand that people need flexibility and a course that fits in with your needs.

### **OPTION1: Flexible Mentoring Program**

Our flexible program allows you to start your education immediately and complete your theory assignment in your own time, at your own pace and in the comfort of your own environment anywhere in Australia or Internationally. As you are completing your assignments you will be applying what you are learning with your very own personal trainer mentor/coach that we find for you. This method of learning has been proven over and over again to produce not just the most highly educated personal trainers in the country but more importantly - industry ready and job ready personal trainers when you graduate. You can apply today and if accepted you can start your studies and new career this week.

### **OPTION 2: Fast Track Program (Face to Face class time)**

The Australian Institute of Personal Trainers has many campuses across the country available to help students understand the course with a structured face to face coaching program. Our popular Fast Track program enables students not to have to leave their current job and lose income or take holidays, as the face to face component is outside of working hours and combined with flexible learning. This option includes a Special One Day introductory workshop followed by 10 Weekly Tutorial sessions with a Personal Training Mentor.

All your lessons will take place in a commercial fitness centre, ensuring that you get the best hands on experience possible. Real life fitness centre with real life hands on experience results in real life success for you, what better way is there to learn? In addition to not having to be classroom bound for your entire course we pass on this saving directly to you the student.

**All your lessons will take place in at McAllister's Fitness in Blackburn.**

### **How long does the course take to complete?**

With a concerted effort, the first step of the course can be completed in as little as 8-12 weeks. Your enrolment remains valid for 12 months after the commencement date to ensure that you have the flexibility to complete the course in your own time frame. If you require more time, you can apply for a course extension and pay the required extension administration fee.

### **When does the course start?**

You can start your course within 5 working days of completing your enrolment. All your materials will be sent directly to your door via courier.

### **Is the course recognised?**

Registered Training Organisations conduct nationally accredited and recognised courses that meet government and industry standards. The Australian Institute of Personal Trainers promotes the Certificate III and IV courses under the Australian National Training Framework (ANTF). This guarantees that you receive the highest quality of training recognised by the State and Federal governments. Our courses allow successful graduates with the opportunity to register with Kinect Australia or Fitness Australia. This registration is essential for maintaining quality within the fitness industry, insurance and continuing education programs.

### **How do I get help with the course?**

The course tutor is available on our National Personal Trainer support Hotline 1300 13 84 34 or via email at [students@aipt.com.au](mailto:students@aipt.com.au)

### How do I gain registration and insurance with this course?

Once you have completed the course, you can submit your Statement of Attainment to Fitness Australia or Kinect Australia for registration. You will also need to have completed your First Aid Training prior to gaining your registration.

### What is the difference between qualification and registration?

Qualification is the formal training process that leads to competency based assessment. The qualification is recognised in all states of Australia and internationally. Registration is the industry based recognition of the qualification. Graduates are able to register upon receiving the Statement of Attainment issued at the successful completion of the course.

### Why Study with the Australian Institute of Personal Trainers?

A recent survey has provided us with the following list of top reasons why our students choose the Australian Institute of Personal Trainers.

- **Easy** - The program is designed to teach students from different backgrounds. You don't need to be an athlete or an academic.
- **Flexible** - Start when you want, study when and where you want all supported by experienced and professional personal trainers.
- **Comprehensive** - World class textbooks and learning materials that you will refer to in years to come.
- **Specialised** - The materials are designed to help you establish your own personal training business.
- **Qualifications** - By completing the Certificate IV with us, you'll gain a double qualification the Certificate III and IV in Fitness.
- **Affordable** - We have created a very comprehensive course with loads of value added tools included at a competitive course fee. Flexible payment options are available.
- **Head Start** - Start off on the right foot with our exclusive personal training toolkit with programming, nutrition and health assessment software included in the course.
- **Support** - Pick up the phone or drop an email to our course tutors and mentors at any time.
- **Nationally Recognised** - The Certificate III and Certificate IV in Fitness is the national qualification required to become a personal trainer.
- **Employment** - Our graduates are highly regarded by gym owners, personal trainers and of course the clients. Over 90% of our graduates walk straight into their job or own business.

### What are the employment opportunities?

Personal Training is one of the fastest growing sectors of the health and fitness industry with opportunities for graduate to be employed in fitness centres, personal training studios, corporate health programs, with sporting teams and schools. Many personal trainers start their own mobile or studio based business once they have gained a better understanding of how to make this transition successfully.

### Three payment options

- Up-front Payment - \$4,300.00
- Rapid Payment Plan - \$4,740.00
- Payment Plan - \$5,140.00

**For more information contact Danny McAllister on 0412 921 117.**



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